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See a family doctor first



Family doctors are your main healthcare provider and play an important role in you health and well-being. It is important to see them regularly. Family doctors are also called general practitioners (GPs), or primary care physician.



Call 811 for help finding a doctor https://albertafindadoctor.ca/
Interpretation services might be available





A Family Doctor is Important

Family doctors will identify (diagnosis) and treat common health problems by:

- Looking at, listening to, and examining parts of your body
- Asking you questions about:
 - Your health
 - Health of your family members
 - Your life and daily activities (like diet, exercise, smoking, alcohol use, drug use, work and living conditions)
- Ordering tests (like urine, blood, or imaging).
- Connecting you to other health services and specialists.
- Following up and coordinating care. They will explain test results.



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