

If you are feeling unwell

Speak with your doctor about your symptoms.

1 Seeing your family doctor

STEP



Family doctors coordinate your tests and referrals.

Family doctors play an important role in:

- Understanding your symptoms
- Ordering any tests (like urine blood or imaging)
- Connecting you to other health services and specialists. (eg. for a biopsy or surgery)

2 Investigation

STEP



You may have to go to multiple locations for the tests.

- Let your doctor know if you need help to attend appointments.
- Don't wait to schedule your tests
- Try to attend your test as soon as possible

Please refer to the "questions to ask your doctor" section

3 Diagnosis

STEP



All the tests helps your family doctor understand if there is problem.

Your doctor will:

- Explain your test results
- Coordinate any treatment or care
- Connect you to a specialist if it is needed

Questions to ask your doctor about your tests

- What is involved in testing?
- What tests are used?
- Who makes the arrangements or appointments for the test?
- Where will the test be done?
- Is any preparation needed for the test?
- Should any one attend the test with me?
- How long will the test(s) take?
- Who will explain the test results?
- May I have a copy of the test results?
- What happens if the results are abnormal?
- What other tests will need to be done? Why



Health Link
Advice 24/7

Call 811 for help finding a doctor
<https://albertafindadoctor.ca/>
Interpretation services might be available