

If you are feeling unwell

Speak with your doctor about your symptoms.

Seeing your family doctor

1
STEP



Family doctors are the coordinator for your tests and referrals.

Family doctors play an important role in:

- Understanding your symptoms
- Ordering any tests (like urine blood or imaging)
- Connecting you to other health services
- and specialists. (eg. for a biopsy or surgery)

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Investigation

2
STEP



You may have to go to multiple locations for the tests.

- Let your doctor know if you need help to attend appointments.
- Don't wait to schedule your tests
- Try to attend your test as soon as possible

Please refer to the “questions to ask your doctor” section

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Diagnosis

3
STEP



All the tests helps your family doctor understand if there is problem

Your doctor will:

- Explain your test results
- Coordinate any treatment or care
- Connect you to a specialist if it is needed

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3 STEP Diagnosis



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Call 811 for help finding a doctor
<https://albertafindadoctor.ca/>
Interpretation services might be available

Questions to ask your doctor about your tests

- What is involved in testing?
- What tests are used?
- Who makes the arrangements or appointments for the test(s)?
- Where will the test(s) be done?
- Is any preparation needed for the test(s)?
- Should any one attend the test with me?
- How long will the test(s) take?
- Who will explain the test results?
- May I have a copy of the test results?
- What happens if the results are not normal?
- What other tests will need to be done? Why?



Health Link
Advice 24/7

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